



Wilton Martial Arts

Schedule beginning August 29th

TANG SOO DO

Student Creed

1. I intend to use Tang Soo Do to develop myself in a positive manner, and I will avoid anything that would limit or reduce my mental growth or physical health.
2. I intend to develop self-discipline in order to bring out the best in myself and in others.
3. I intend to use what I learn in class constructively and defensively to help myself and my fellow man, and I will never be abusive or offensive.

Instructor

Sa Bom Nim David Bankowski
5th Dan (master Instructor)
Tang Soo Do Mi Guk Kwan

www.wiltonmartialarts.com
 203.761.6622

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 – 10:30 ADULT all level class			9:30 – 10:30 ADULT all level class	 BUDDY CLASS 5:15 – 6:00 First Friday of each month	8:00 – 9:00 ADULT / FAMILY all level class
4:00 – 4:45 WHITE belt children's class	4:00 – 4:45 WHITE belt children's class	4:00 – 4:45 WHITE belt children's class	3:30 – 4:00 PRE-BEGINNER children's class		9:00 – 9:45 WHITE / ORANGE belt children's class
4:45 – 5:30 ORANGE belt children's class	4:45 – 5:30 ORANGE / GREEN belt children's class	4:45 – 5:30 ORANGE belt children's class	4:00 – 4:45 WHITE / ORANGE belt children's class		9:45 – 10:30 GREEN / RED DAN belt children's class
5:30 – 6:15 GREEN / RED belt children's class	5:30 – 6:00 SPARRING Orange belt and higher	5:30 – 6:15 GREEN / RED belt children's class	4:45 – 5:15 SPARRING Orange belt and higher	 DAN CLASS (BLACK BELT) 6:30 – 8:00 First Friday of each month	
6:15 – 7:15 TEEN / ADULT all levels DAN CHILDREN	6:00 – 6:45 RED / DAN belt children's class	6:15 – 7:15 TEEN / ADULT all levels DAN CHILDREN	5:15 – 6:00 GREEN / RED belt children's class		
7:15 – 8:15 TEEN / ADULT all levels DAN CHILDREN	7:00 – 8:00 TEEN / ADULT all levels DAN CHILDREN		7:15 – 8:15 TEEN / ADULT all levels DAN CHILDREN		



Contact Sa Bom Nim for further information on:

- Private lessons in Tang Soo Do
- Private lessons in weapon training classes
 - Children's birthday party's
 - Woman's self-defense classes

